



# 2022 Northwood School Summer Reading

In a world where the 24-hour news cycle, online gaming, and social media constantly distract and compete for our attention, the faculty here at Northwood School believe in the power of reading to instill compassion, creativity, mindfulness, and well-being in our students.

Countless studies show that reading promotes empathy, imagination, neuron stimulation, and heightened connectivity in the left temporal cortex.

“The neural changes that we found associated with physical sensation and movement suggest that reading a novel can transport you into the body of the protagonist. We already knew that good stories can put you in someone else’s shoes in a figurative sense. Now we’re seeing that something else may be happening biologically.” ---Gregory Berns, researcher and director of Emory University’s Center for Neuropolicy.

Watching film adaptations or reading online summaries like SparkNotes, while potentially interesting and time-saving, cannot compare to engaging with and connecting to the texts themselves. Students will be cheating themselves, as well as infringing upon the Northwood Honor Code, by substituting these sources for actual reading. In other words, you are required to read the books. If so preferred, electronic (e-books) are acceptable for completing the readings. If students choose an audiobook version, we suggest listening while following along on the page.

With this in mind, we offer you this summer’s list of required reading for returning and incoming Northwood School students. Please note that all students are required to read the All-School Read as well as the books specific to the English course they are entering and other AP courses. In this document, you will also find details of summer reading. Any questions can be directed to Noël Carmichael, Dean of Academic Affairs, [carmichaeln@northwoodschoo.org](mailto:carmichaeln@northwoodschoo.org).

## ***ALL-SCHOOL READ***

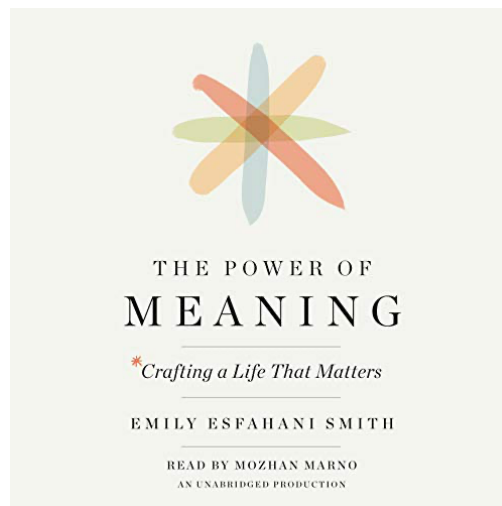
### **Fostering Community Through Shared Intellectual Experience**

*(<https://www.northwoodschool.org/academics/all-school-read>)*

Northwood School's All-School Read is designed to foster a sense of community by encouraging a shared intellectual experience across the school. The All-School Read tradition at Northwood has been in place for more than thirty years. Recent titles have included *The Boys in the Boat* (Daniel James Brown), *The Other Wes Moore: One Name, Two Fates* (Wes Moore), *The 57 Bus: A True Story of Two Teenagers and the Crime That Changed Their Lives* (Dashka Slater), *Unbroken* (Laura Hillenbrand), *Where You Go Is Not What You'll Be* (Frank Bruni), *The Bridge of St. Luis Rey* (Thornton Wilder), *Freakonomics* (Steven Levitt and Stephen J. Dubner), and *I Am Malala* (Malala Yousafzai). Each spring, a committee of faculty, staff, and administration selects a book to be read by all members of the school community before arriving the academic year begins.

Our theme for the 2022-2023 school year is **Creating Meaning**.

The Summer 2022 All-School Read is:



***The Power of Meaning by Emily Esfahani Smith***

This book was nominated by faculty member Kelvin Martinez. Here is a personal note from Mr. Martinez about why he chose this book for our community:

*The Power of Meaning was published in 2017, and ever since I read it, I have gifted it to family members, students, and players for their birthdays. What initially struck me was that even though the people who received this book and proceeded to read it came from vastly different cultures and upbringings, the principles within the book rang a similar chord to all. If you ask any of them, do you want your actions to mean something to you or somebody? Do you want to wake up on a Monday morning and feel a sense of purpose and know that whatever you are creating with your life matters? Do you want to lay your head on your pillow late at night and feel a sense of gratitude and reverence for the day you had because it mattered? The answer from all is a universal “yes”. The four pillars covered in this book, belonging, purpose, storytelling, and transcendence, have all helped me and those to whom I have gifted the book in our never-ending journey towards creating purpose and meaning. Belonging talks about relationships with others. A fulfilling life begins with belonging and meaningful relationships we develop with others. The second, purpose, talks about our feeling of contributing to others and society. Storytelling talks about the way in which we make sense of our place in the world. Lastly, transcendence is about connecting to something bigger than ourselves. I hope you find these four pillars empowering in your journey to creating meaning this year!*

See more at: <https://www.penguinrandomhouse.com/books/246945/the-power-of-meaning-by-emily-esfahani-smith/>

We encourage students to buy their copy from Lake Placid’s independent bookstore, The Bookstore Plus ([www.thebookstoreplus.com](http://www.thebookstoreplus.com)) or from their own local, independent bookstore.

There is an **audiobook** version available on Audible:  
<https://www.audible.com/pd/The-Power-of-Meaning-Audiobook/B01N1ZPJ02>

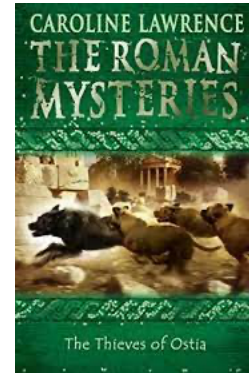
There are also **eBook** version available on Kindle and other eReaders.

There is an eBook copy available through Northwood’s Overdrive account. If you are interested in that version, please contact the school librarian, Ms. Martin ([martins@northwoodschoool.org](mailto:martins@northwoodschoool.org))

Students enrolled in **Integrated Humanities I (Grade 9)** must also read:

## ***The Thieves of Ostia*** by Caroline Lawrence

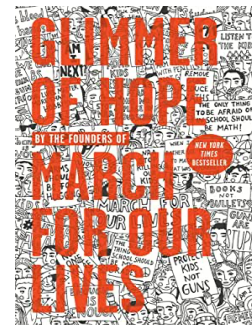
*The Thieves of Ostia* is the first book in the Roman Mysteries series. A young Roman girl Flavia Gemina sets out to solve the mystery of who is killing the city's watchdogs, helped by her three friends, Jonathan (son of Jewish doctor), Nubia (an African slave girl) and Lupus (a mute beggar boy). Their investigations take them into unexpected and sometimes dangerous situations, but Flavia Gemina is unstoppable once she's on the trail to solving a mystery. (<https://www.storymuseum.org.uk/1001-stories/the-thieves-of-ostia>)



Students enrolled in **Integrated Humanities II (Grade 10)** must also read:

## ***Glimmer of Hope***

*Glimmer of Hope* is the official, definitive book from **The March for Our Lives** founders. In keeping up with their ongoing fight to end gun-violence in all communities, the student leaders of March for Our Lives have decided not to be paid as authors of the book. 100% of net proceeds from this book will be paid to March For Our Lives Action Fund.



"*Glimmer of Hope* provides a blueprint for launching social change."—**NPR.org**

\*A *Seventeen Magazine* Best Book of 2018\*

"This is a clarion call to action for teens, by teens, and is moving and powerful."—**Booklist, Starred Review**

*Glimmer of Hope* tells the story of how a group of teenagers raced to channel their rage and sorrow into action, and went on to create one of the largest youth-led movements in global history. March For Our Lives Action Fund is a nonprofit 501c4 organization dedicated to furthering the work of March For Our Lives students to end gun violence across the country. The full list of contributors, in alphabetical order, are: Adam Alhanti, Dylan Baierlein, John Barnitt, Alfonso Calderon, Sarah Chadwick, Jaclyn Corin, Matt Deitsch, Ryan Deitsch, Sam Deitsch, Brendan Duff, Emma González, Chris Grady, David Hogg, Lauren Hogg, Cameron Kasky, Jammal Lemy, Charlie Mirsky, Kyrah Simon, Delaney Tarr, Bradley Thornton, Kevin Trejos, Naomi Wadler, Sofie Whitney, Daniel Williams, and Alex Wind.

Students enrolled in English Short Courses must also:

Choose any **one** of the following books from this list of fifteen. (Feel free to read a summary of each in order to make your choices). Do NOT choose a book that you have already read in another class. Be ready to discuss and write about the text in your first week of class.

1. *1984* (George Orwell)
2. *The Bridge of San Luis Rey* (Thornton Wilder)
3. *The Songlines* (Bruce Chatwin)
4. *The Plague* (Albert Camus)
5. *Dark Child* (Camara Laye)
6. *I Know Why the Caged Bird Sings* (Maya Angelou)
7. *How The Garcia Girls Lost Their Accents* (Julia Alvarez)
8. *Fahrenheit 451* (Ray Bradbury)
9. *Enders Game* (Orson Scott Card)
10. *Brave New World* (Aldous Huxley)
11. *Parable of the Sower* (Octavia Butler)
12. *All Quiet on the Western Front* (Erich Maria Remarque)
13. *Catcher in the Rye* (J.D. Salinger)
14. *A Tree Grows in Brooklyn* (Betty Smith)
15. *Of Mice and Men* (John Steinbeck)

### Summer work for AP courses

Many AP Courses also have required summer reading and assignments. These assignments are mandatory. Non-completion may lead to a student being unenrolled from the course.

If you are enrolled in one of the following AP courses and have not yet received the summer work assignment, please contact the teacher of the course as soon as possible.

#### **A.P. Literature and Composition**

Ms. Lee [lee@northwoodschoo.org](mailto:lee@northwoodschoo.org)

#### **A.P. Language and Composition**

Mr. Runyon [runyonh@northwoodschoo.org](mailto:runyonh@northwoodschoo.org)

#### **A.P. US History**

Mr. Shergold [shergolds@northwoodschoo.org](mailto:shergolds@northwoodschoo.org)

#### **A.P. Biology**

Ms. Walker [walkerj@northwoodschoo.org](mailto:walkerj@northwoodschoo.org)